
Eric A. Bean, PhD

PROFESSIONAL BIOGRAPHY



Dr. Eric Bean is a high-performance executive coach, leadership consultant, and keynote speaker. Through both one-on-one and group trainings, Eric has worked with Army Special Forces, Navy SEALs, surgeons, business professionals, and athletes on the psychology of high performance, leadership, culture, and team dynamics. While working with the Army, Eric led a small team to create and implement the first mental training curriculum for surgeons and emergency physicians at Madigan Army Medical Center.

Dr. Bean partners with organizations in both private and public sectors to design, develop, and implement customized solutions for enhancing leadership, aligning strategy and culture, and generating powerful team performance. Dr. Bean has taught a graduate level Leadership Theory and Application course at Boston College, has coached Fortune 100 leaders, and is the host of the podcast *Coaching Through Stories: Lessons in Leadership and High Performance*.

Dr. Bean is a Certified Mental Performance Consultant, an Associate Certified Coach through ICF, and serves as the Public Relations and Outreach Chair on the Executive Board within the Association for Applied Sport Psychology. Eric received a Bachelor of Arts in Psychology from the University of Southern California, a Master of Science in Sport Psychology from Cal State Fullerton, and a Ph.D. from Michigan State University in Sport and Exercise Psychology. Dr. Bean has gained insights from both elite performers and junior athletes on what it takes to be their best and is a published, peer-reviewed author.